

Confirmation Service project outline

Good Shepherd 2016-2017

† Goals

- Teaches the benefit and virtue of caring service
- Involves family (meaning at least one parent should be involved as well)
- Teaches service as a normative part of life
- Growth in empathy for others
- Gain perspective on the pain and suffering of others

† Instructions

- Complete two projects of significant time (meaning the project should be sacrificial but not burdensome) I do not wish to tell you the amount of time you should give.
- The project should involve the family – This means a teen and a parent should do it together or it can include the entire family.
- Projects may be done from June of 2016 to the week before confirmation
- Be sure to get Pre-approval for the projects and all communication about confirmation should be done through email with Nicholas – nmoragues@gsshawnee.org
- Service must be to humans. Service to animals doesn't help us grow in empathy for others
 - Direct service to people is preferred – meaning; empathy can only be developed if you see the people you serve. Try to avoid simple donation and try to find opportunities to meet the people you are serving
- In all service be attentive to the humanity of the other person. They are made in the image and likeness of God. What does that mean in the service you give?

† Examples

- Serve dinner to the homeless (either at a shelter or make meals and find homeless to give them to)
- Go to a clothing distribution center and sort clothes – take note of the condition of the clothes
- Serve a friend or family member who battles with chronic illness – make meals for them, go shopping for them, provide daycare for them, clean their house, care for their yard
- Find a neighbor who is elderly and needs similar care – be sure to take time to talk with the neighbor before and after the service – remember it is about them
- Service to your family, pending parent approval, perhaps doing the laundry for a month, or dishes for two months without whining. Talk with your parents about how and why that was helpful to the family. – These should not be things that you already do
- Visit a nursing home and spend time talking with the residence. Remember many are lonely and just want someone to talk to. Learn about their life. Notice their struggles, comfort them, be present with your mind and don't day dream while there. As the staff what you can do.