



# OUTLINE OF CONFIRMATION REQUIREMENTS 2018-2019

## GOOD SHEPHERD CATHOLIC CHURCH | FAITH FORMATION OFFICE

**A:** 12800 West 75<sup>th</sup> Street | Shawnee, KS 66216 | **P:** 913.563.5303 | **E:** mespino@gsshawnee.org

**PARENTS:** This form is for you, so that you will have a clear outline of the Confirmation Program and a checklist of the things you will need to know.

**DEFINITION:** Confirmation is the sacrament by which we receive the fullness of our baptismal graces. According to the Catechism (#1285) Confirmation is the sacrament by which...  
“the baptized are more perfectly bound to the church and are enriched with a special strength of the Holy Spirit. Therefore, they are more strictly obliged to spread and defend the faith by word and deed.”

### **BASIC INSTRUCTIONS:**

The rest of the page is a list of “signs of readiness” (requirements). We ask that these signs are fulfilled to show that a teen understands...

- (1) What graces they are going to receive
- (2) Recognizes how these graces call them to participation and action within the community and
- (3) Desires these graces (this sacrament) which are a gift from God.

**CONTINUED FAITHFULNESS TO THE SACRAMENTS:** In order that your teen's gift of confirmation is received well we ask your teen to have regular Mass attendance (every Sunday) and receive reconciliation on a regular (monthly) basis. These are still the responsibility of the parent to ensure they are completed. The hope is that they will have the habit well established by the time they leave your house.

### **FAITHFUL SERVICE:**

In a change from the past, Good Shepherd now asks the teens to perform 2 Acts of Service/Service Projects, rather than asking for hours of service. What does this look like?

### **GOALS:**

- o Teaches the benefit and virtue of caring service
- o Involves family (meaning at least one parent should be involved as well)
- o Teaches service as a normative part of life
- o Growth in empathy for others
- o Gain perspective on the pain and suffering of others

### **INSTRUCTIONS**

- o Complete two projects of significant time (meaning the project should be sacrificial but not burdensome) I do not wish to tell you the amount of time you should give.
- o The project should involve the family – This means a teen and a parent should do it together or it can include the entire family.
- o Projects may be done from September of 2018 to the week before confirmation
- o Be sure to get Pre-approval for the projects and all communication about confirmation should be done through email with Maritza – mespino@gsshawnee.org
- o Service must be to humans. Service to animals doesn't help us grow in empathy for others
  - Direct service to people is preferred – meaning; empathy can only be developed if you see the people you serve. Try to avoid simple donation and try to find opportunities to meet the people you are serving
- o In all service be attentive to the humanity of the other person. They are made in the image and likeness of God. What does that mean in the service you give?

## EXAMPLES

- Serve dinner to the homeless (either at a shelter or make meals and find homeless to give them to)
- Go to a clothing distribution center and sort clothes – take note of the condition of the clothes
- Serve a friend or family member who battles with chronic illness – make meals for them, go shopping for them, provide daycare for them, clean their house, care for their yard
- Find a neighbor who is elderly and needs similar care – be sure to take time to talk with the neighbor before and after the service – remember it is about them
- Service to your family, pending parent approval, perhaps doing the laundry for a month, or dishes for two months without whining. Talk with your parents about how and why that was helpful to the family. – These should not be things that you already do
- Visit a nursing home and spend time talking with the residence. Remember many are lonely and just want someone to talk to. Learn about their life. Notice their struggles, comfort them, be present with your mind and don't day dream while there. As the staff what you can do.

## RETREATS

The retreat will be on SATURDAY, FEBRUARY 23, 2019. The retreat will be held at Good Shepherd Campus. The registration fee is \$45.00. Permission forms are included in this package.

## SAINT'S PAPER

The student will be asked to write a short paper (one full page, Times New Roman, 12 point font, 1 inch margins) on the saint they pick to be their patron saint. Some suggestions for the paragraph are: why you picked this saint to be your patron saint, any miracles related to this saint, how did this person's life reflect holiness, what is he/she the patron saint of.

## STUDENT'S CONFIRMATION SPONSOR

A sponsor can be a student's grandparent, aunt, uncle, family friend, older sibling or godparent. The sponsor **MUST** be a practicing Catholic in good standing, already confirmed themselves, and at least 16 years old. Parents are restricted from being a sponsor. Sponsor Forms are included in this package.

## LETTER TO ARCHBISHOP NAUMANN

The student will write a 2 page letter to Archbishop Naumann explaining why he/she wants to be confirmed, who the student's sponsor is, who the student picked for their patron saint and why, and whether or not the student feels that he/she is ready to receive the sacrament of Confirmation. This should be typed and limited to one full page, Times New Roman, 12 point font, 1 inch margins. We have an outline available online to assist your student.

## CLASS ATTENDANCE (Faith Formation Families only)

These classes are on Wednesday nights starting at either 4:30pm or 6:15pm. This is the "On-Going Religious Education" part of Confirmation. It is our hope that you attend as many as possible. We do realize things happen and a missed class or two won't be the end of the world. However, a regular pattern of absence would be a concern and would be an indication of, or sign of readiness, which may indicate the need for further understanding on the part of Nicholas and Father Jim. If you know you are going to miss please give **Maritza a call, 913-563-5303.**

## PRACTICE BEFORE CONFIRMATION CELEBRATION

**MONDAY, APRIL 29<sup>TH</sup> AT 7:00 PM IN CHURCH** We will have a rehearsal with Maritza to ensure everyone knows how to move and what to say throughout the liturgy. Fr. Kent and Fr. Daniel along with our two deacons will also be there to lead us!

## BAPTISMAL CERTIFICATE

If your teen was not baptized at Good Shepherd then we will need a copy of the baptismal certificate, the sooner the better. You may scan and send directly to [mespino@gsshawnee.org](mailto:mespino@gsshawnee.org)



# QUICK CONFIRMATION CHECK LIST



**PARTICIPATION CHECKLIST:**

**DUE DATE:**

**DONE:**



2 Service Projects NOT hours with an authorized form.

**SATURDAY, MARCH 30TH**



Attend Confirmation Retreat on Saturday, February 23, 2019. Begins at 9AM sharp.

**SATURDAY, FEBRUARY 23<sup>RD</sup>**



Confirmation Rehearsal on Monday, April 29, 2019 @7PM in Church. Your Sponsor **MUST** accompany you.

**MONDAY, APRIL 29<sup>TH</sup>**



**DOCUMENT CHECKLIST:**

**DUE DATE:**

**DONE:**



Confirmation Registration Form

**WEDNESDAY, OCTOBER 31<sup>ST</sup>**



Sponsor Form

**THURSDAY, JANUARY 31<sup>ST</sup>**



Letter to the Archbishop

**MONDAY, MARCH 11<sup>TH</sup>**



Saint Report

**MONDAY, MARCH 11<sup>TH</sup>**



Copy of Baptismal Certificate

**ASAP!** IF YOU WERE BAPTIZED AT GS- -LET ME KNOW.

*Thank you for trusting us to journey with you and your young teen as he or she prepares to celebrate the Sacrament of Confirmation!*

Maritza Espino, Director of Faith Formation | Good Shepherd Catholic Church